

# Connecticut Superiors Parent Guide

## Offseason Sports Cost vs College Scholarship Opportunity

### Why 7v7 Football Is the Smartest Development Path

Elite Development. Real Exposure. Superior Standards.

## Why Connecticut Superiors Educates Parents First

At Connecticut Superiors, we believe parents deserve **clarity**, not hype.

Youth sports have become expensive, emotional, and confusing. Families invest **thousands of dollars** every year without being shown:

- How college scholarships actually work
- How many athletes truly receive aid
- Which environments lead to real evaluation

This guide exists to help Connecticut Superiors families make **strategic, data-driven decisions**—not emotional ones.

## Average Annual Costs (National Averages)

### What Families Typically Pay

#### AAU Basketball

- \$3,000 – \$7,000 per year
- Elite circuits: \$8,000 – \$12,000+

#### Club Lacrosse

- \$4,000 – \$10,000 per year

#### Club Baseball

- \$3,500 – \$8,000 per year

- Elite travel teams: \$10,000+

### 7v7 Football (Connecticut Superiors Model)

- \$500 – \$2,500 per season
- Spring/Summer focused
- Regional competition prioritized

*Figures include registration, uniforms, and tournaments. Excessive cross-country travel is intentionally avoided in the Superiors model.*

## Scholarship Reality (What Parents Are Rarely Shown)

### NCAA Scholarship Limits (Men's Sports)

Sport	Scholarships Per Team	Reality
Basketball	13	Extremely limited
Baseball	11.7	Split thin
Lacrosse	~12.6	Mostly partial
Football (FBS)	85	Mostly full

### Connecticut Superiors Philosophy:

We build inside the sport with the **largest funded scholarship ecosystem**.

## How Many Schools Actually Offer Scholarships

### Opportunity Is About Scale

Sport	D1 Schools	D2 Schools	Total Programs
Basketball	~358	~313	~671
Baseball	~300	~265	~565
Lacrosse	~75	~75	~150
Football	~261 (FBS+FCS)	~162	~423

At first glance, other sports appear larger—until roster size and scholarship volume are factored in.

## Roster Size = Opportunity Density

### Average College Roster Sizes

- Basketball: 13–15
- Baseball: 30–35
- Lacrosse: 45–50
- **Football: 90–105**


### Why Connecticut Superiors Focuses on Football Development

- Larger rosters create more opportunity
- Late bloomers still get recruited
- Position specialization matters

Football is built for **development, not early exclusion.**

## Scholarship Dominance (The Missing Metric)

### Total Athletes Receiving Scholarships (D1 + D2)

Sport	Total Programs	Scholarships per Team	Athletes on Scholarship
Basketball	~671	13 / 10	~18,000
Baseball	~565	11.7 / 9	~10,000–11,000
Lacrosse	~150	~12.6 / ~10.8	~3,000–4,000
 <b>Football</b>	<b>~423</b>	85 / 63 / 36	<b>~45,000–50,000</b>

**This is why football dominates the scholarship landscape.**

# NIL & Long-Term Exposure

Football drives NIL because:

- It generates revenue
- It commands attention
- It has alumni-backed collectives
- It supports large rosters

**Connecticut Superiors athletes** are developed inside the sport with:

- The highest NIL ceiling
- The greatest media relevance
- The strongest institutional support

## Real Exposure vs the Illusion of Exposure

**Why Connecticut Superiors Prioritizes College 7v7 Tournaments**

**Football Mega Camps (What Parents Experience)**

- 1,000–5,000+ athletes
- Limited reps
- Surface-level evaluations
- Athletes blend into the crowd

Mega camps are useful for:

- Measurements
- Mailing lists
- Confirmation for known recruits

They are **not designed for true evaluation**.

## College-Hosted 7v7 Tournaments (The Connecticut Superiors Advantage)

Connecticut Superiors targets:

- **10–20 team college-hosted events**
- Private, controlled environments
- Full-game evaluation settings

Coaches are able to:

- Watch athletes repeatedly
- See adjustments and learning
- Evaluate football IQ, leadership, and composure

This is **real exposure**.

**Your athlete is not one of thousands.  
They are one of the evaluated.**

## Why Other Sports Cost More (But Deliver Less)

Many youth sports operate as:

- Pay-to-play boutique models
- Showcase-heavy systems
- Private-lesson dependency

Connecticut Superiors rejects this model.

We focus on:

- **Reps** over rankings
- **Film** over hype
- **Development** over trophies

# Why Connecticut Superiors Uses 7v7 Development

7v7 in the Superiors system:

- Aligns with modern college offenses
- Produces evaluable film
- Reduces unnecessary contact
- Maximizes offseason reps

7v7 is not an add-on.

It is a **development strategy**.

## The Connecticut Superiors Standard

**We don't sell dreams.**

**We build pathways.**

Football offers the strongest scholarship ecosystem.

7v7 is how that ecosystem is accessed correctly.

**Lower cost.**

**Real evaluation.**

**Superior development.**