

Connecticut Superiors Parent Guide

Offseason Sports Cost vs College Scholarship Opportunity

Why 7v7 Football Is the Smartest Development Path

Elite Development. Real Exposure. Superior Standards.

Why Connecticut Superiors Educates Parents First

At Connecticut Superiors, we believe parents deserve **clarity**, not hype.

Youth sports have become expensive, emotional, and confusing. Families invest **thousands of dollars** every year without being shown:

- How college scholarships actually work
- How many athletes truly receive aid
- Which environments lead to real evaluation

This guide exists to help Connecticut Superiors families make **strategic, data-driven decisions**—not emotional ones.

Average Annual Costs (National Averages)

What Families Typically Pay

AAU Basketball

- \$3,000 – \$7,000 per year
- Elite circuits: \$8,000 – \$12,000+

Club Lacrosse

- \$4,000 – \$10,000 per year

Club Baseball

- \$3,500 – \$8,000 per year

- Elite travel teams: \$10,000+

7v7 Football (Connecticut Superiors Model)

- \$500 – \$2,500 per season
- Spring/Summer focused
- Regional competition prioritized

Figures include registration, uniforms, and tournaments. Excessive cross-country travel is intentionally avoided in the Superiors model.

Scholarship Reality (What Parents Are Rarely Shown)

NCAA Scholarship Limits (Men's Sports)

Sport	Scholarships Per Team	Reality
Basketball	13	Extremely limited
Baseball	11.7	Split thin
Lacrosse	~12.6	Mostly partial
Football (FBS)	85	Mostly full

Connecticut Superiors Philosophy:

We build inside the sport with the **largest funded scholarship ecosystem**.

How Many Schools Actually Offer Scholarships

Opportunity Is About Scale

Sport	D1 Schools	D2 Schools	Total Programs
Basketball	~358	~313	~671
Baseball	~300	~265	~565
Lacrosse	~75	~75	~150
Football	~261 (FBS+FCS)	~162	~423

At first glance, other sports appear larger—until roster size and scholarship volume are factored in.

Roster Size = Opportunity Density

Average College Roster Sizes

- Basketball: 13–15
- Baseball: 30–35
- Lacrosse: 45–50
- **Football: 90–105**

Why Connecticut Superiors Focuses on Football Development

- Larger rosters create more opportunity
- Late bloomers still get recruited
- Position specialization matters

Football is built for **development, not early exclusion**.

Scholarship Dominance (The Missing Metric)

Total Athletes Receiving Scholarships (D1 + D2)

Sport	Total Programs	Scholarships per Team	Athletes on Scholarship
Basketball	~671	13 / 10	~18,000
Baseball	~565	11.7 / 9	~10,000–11,000
Lacrosse	~150	~12.6 / ~10.8	~3,000–4,000
 Football	~423	85 / 63 / 36	~45,000–50,000

This is why football dominates the scholarship landscape.

NIL & Long-Term Exposure

Football drives NIL because:

- It generates revenue
- It commands attention
- It has alumni-backed collectives
- It supports large rosters

Connecticut Superiors athletes are developed inside the sport with:

- The highest NIL ceiling
- The greatest media relevance
- The strongest institutional support

Real Exposure vs the Illusion of Exposure

Why Connecticut Superiors Prioritizes College 7v7 Tournaments

Football Mega Camps (What Parents Experience)

- 1,000–5,000+ athletes
- Limited reps
- Surface-level evaluations
- Athletes blend into the crowd

Mega camps are useful for:

- Measurements
- Mailing lists
- Confirmation for known recruits

They are **not designed for true evaluation**.

College-Hosted 7v7 Tournaments (The Connecticut Superiors Advantage)

Connecticut Superiors targets:

- **10–20 team college-hosted events**
- Private, controlled environments
- Full-game evaluation settings

Coaches are able to:

- Watch athletes repeatedly
- See adjustments and learning
- Evaluate football IQ, leadership, and composure

This is **real exposure**.

Your athlete is not one of thousands.
They are one of the evaluated.

Why Other Sports Cost More (But Deliver Less)

Many youth sports operate as:

- Pay-to-play boutique models
- Showcase-heavy systems
- Private-lesson dependency

Connecticut Superiors rejects this model.

We focus on:

- **Reps** over rankings
- **Film** over hype
- **Development** over trophies

Why Connecticut Superiors Uses 7v7 Development

7v7 in the Superiors system:

- Aligns with modern college offenses
- Produces evaluable film
- Reduces unnecessary contact
- Maximizes offseason reps

7v7 is not an add-on.

It is a **development strategy**.

The Connecticut Superiors Standard

We don't sell dreams.

We build pathways.

Football offers the strongest scholarship ecosystem.

7v7 is how that ecosystem is accessed correctly.

Lower cost.

Real evaluation.

Superior development.